

THE FOSHAYS



THE FOSHAYS

Get Me to Normal (2:44)

Wuts Wrong With You (2:45)

'Til it's Gone (1:57)

All the Leaves (2:42)

All songs written and arranged by **BiL Sherman**

All music recorded by **Mannequins on Welfare +1***

Aaron Biggar: Drums and BG Vox

Louise Sherman: Bass and BG Vox

Jonny Fang: Keyboards

BiL Sherman: Guitars and Vox

***Dale Monzon:** Saxophones and Flutes

Recorded at **Orange Garage Studios**

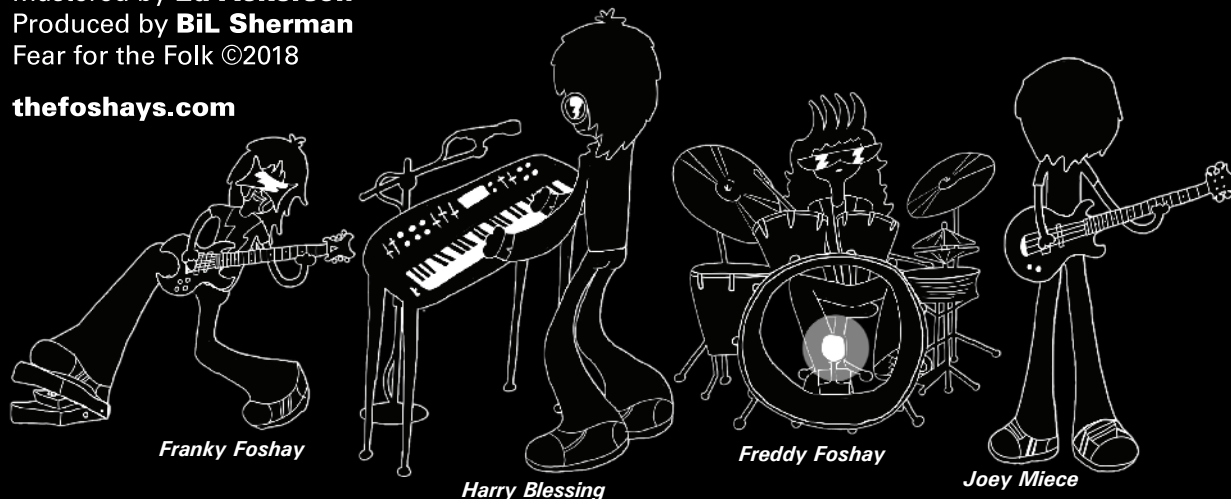
Mastered at **Flowers Studio**

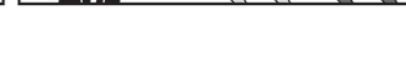
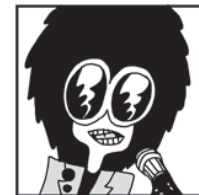
Mastered by **Ed Ackerson**

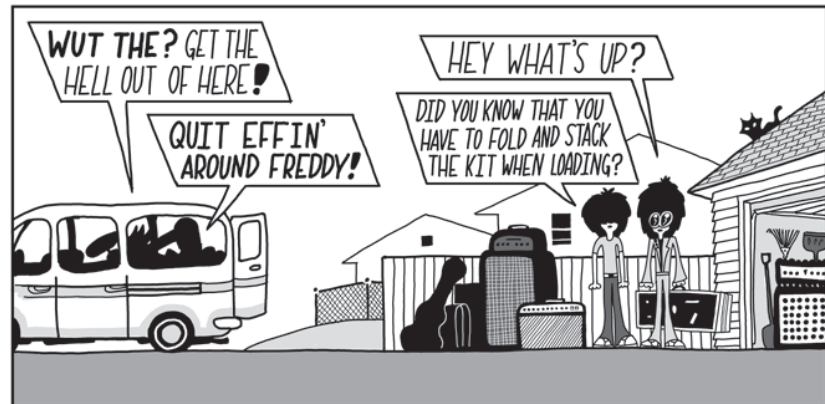
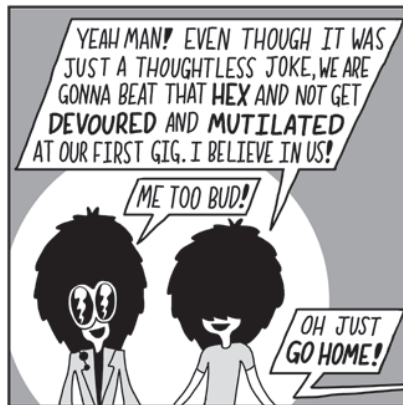
Produced by **BiL Sherman**

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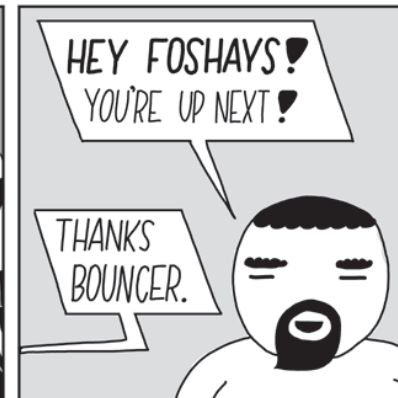
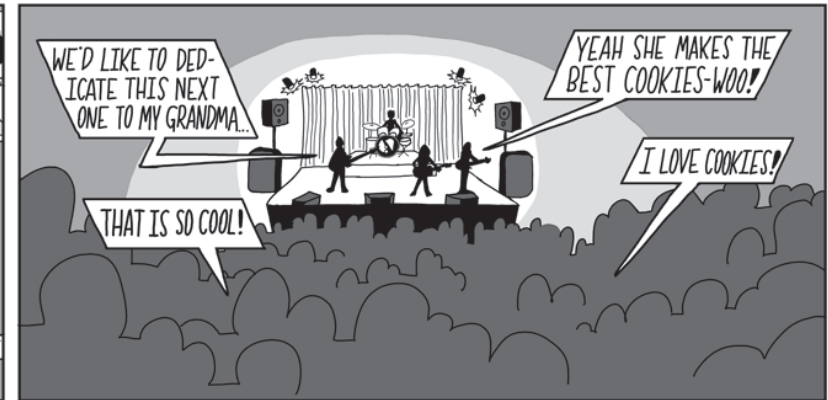
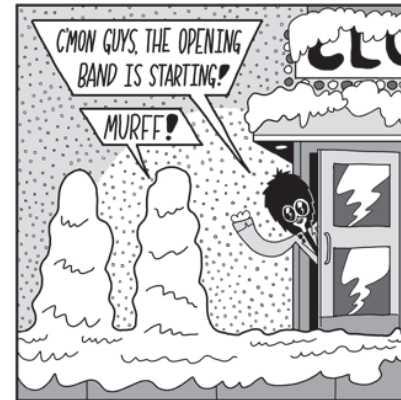
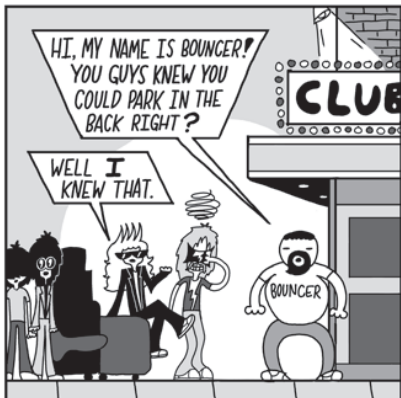
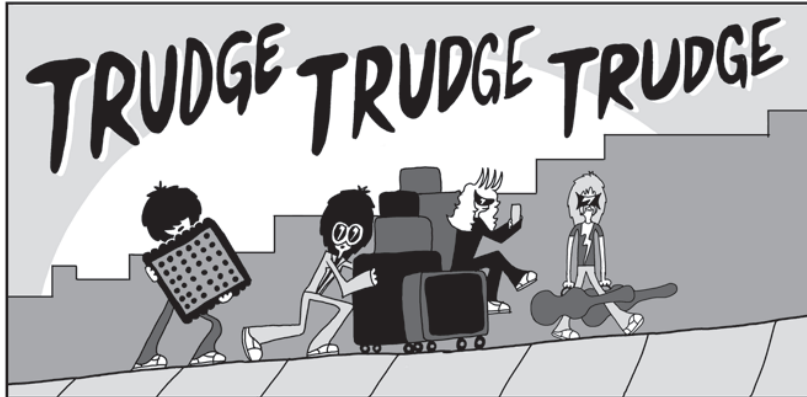
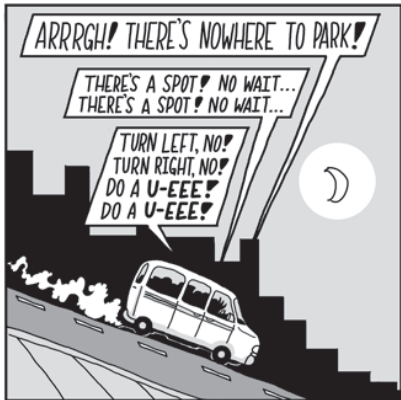
thefoshays.com

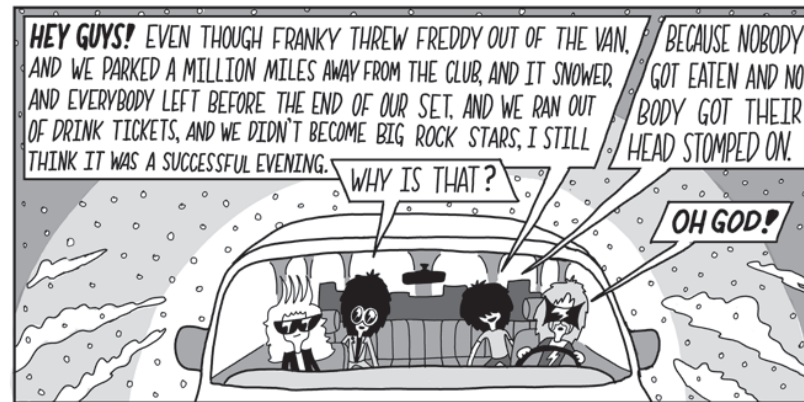
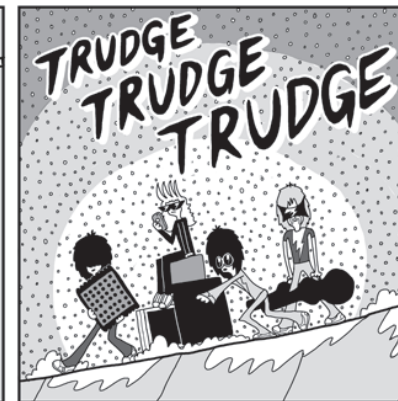
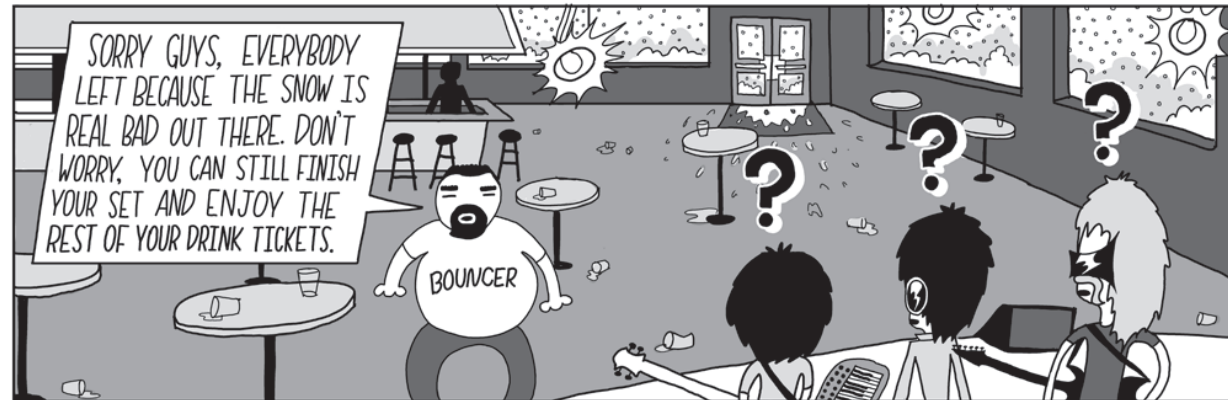
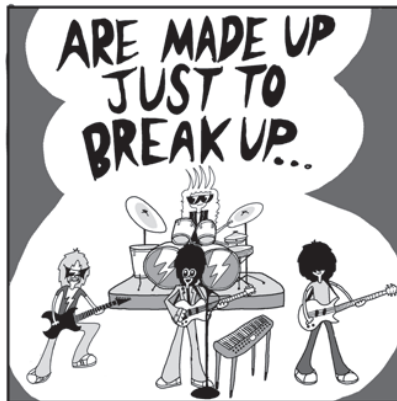














Rock is on the Grow with The Foshays!

Did you know the surname Foshay comes from the French word “fauchoux” which means to cut down, clear a path, or to mow? With that in mind you might think a band called The Foshays are a bunch of greenthumbs who sing songs about their favorite gardening tools, or possibly a fancy shed. But No! It also happens to be the last name of lead guitarist Franky Foshay, and drummer extraordinaire, Freddy Foshay, two spaztic brothers who’d rather spend a sunny afternoon bashing out tracks in the studio than in the backyard frolicking in the bushes. They may have never split a hosta, or pruned an evergreen, but with the help of zealous singer and guitarist Harry Blessing, and philosophical bass man Joey Miece, the four are ready to stake their claim and forge a new effort in the magic land of rock and roll, also known as Minneapolis Minnesota.

The Foshays Say "Not So Now!"

Being frustrated with the present state of things is not an uncommon position for a young upstart pop rock combo to take, but in an era where the latest hi-tech pocket phone has replaced the guitar as a symbol of rebellion, The Foshays have their work cut out for them. So what’s the plan? No ballads, no song over 3 minutes, and, of course, faster is better. The band claim their sound comes from a mix of archaic influences that range from bubblegum to hard rock, but I wouldn’t call this cartoon garage band “postmodern.” Although The Foshays’ musical roots run deep, their sound is uptight, urgent, and very “now,” or “Not So Now” as the band prefers. Whatever the descriptive, they are definitely not hung up on the weeds of the past, only precious stones laid down years ago that haven’t been overturned in quite a while—Mr.B

SIDE 1

Get Me to Normal

Working night and day
For whatever they’ll pay
I get so wired, and so tired
Grab my guitar, forget to play

I’m turning red, I’m turning purple
Get me to normal, get me to normal!
Get me to normal

Televisions everywhere
People act like they’re not there
It’s a game and it’s so lame
I’m getting scared just the same

I’m turning red, I’m turning purple
Get me to normal, get me to normal!
Get me to normal
Get me to normal

Tryin’ not to be rude
With my slanty attitude
I’m filled with goo, just like you
Weird and jiggly, through and through

I’m turning red, I’m turning purple
Get me to normal, get me to normal!
I’m turning red, I’m turning purple
Get me to normal, get me to normal!
I’m turning red, I’m turning purple
Get me to normal, get me to normal!
I’m turning red I’m turning purple
Get me to normal, get me to normal!
Get me to normal
Get me to normal
Get me to normal

Wuts Wrong With You

Oooh pretty baby,
You know it’s kinda crazy
We met on the telephone
You were like “Dammit”-
And I just had to have it
We couldn’t leave it alone

So now before we get started
I wanna know if you’re true
So tell me baby...
Wuts wrong with you?

Don’t feel hurt or misunderstood
You know things are going good
The things you say, blow me away
Sometimes I wonder if I could
I get that itchy feeling
And Calamine won’t do
Now that feelin’s a reelin’
I gotta know...
Wuts wrong with you?

Wuts wrong with me?
Wuts wrong with you?
I wanna see, wanna see right through
Don’t wanna wait for the other shoe
It feels so right when it’s brand new
Wuts wrong with me?

We be gettin’ it together-
through the nasty weather
Because you always make the time
When I get there I wanna show you I care
We never skip the whiskey and wine
I love digging your scene
When the sky is blue
I still wanna know
Wuts wrong with you?

SIDE 2

Til it’s Gone

You been talking a long time baby
Using every word except “maybe”
I know the story and it’s such a bore
You acting like you been there before
And it goes on and on and on
’Til it’s gone

Why you being such a big teaser
If I can’t do it, you can’t either
You think I upset the apple cart
I think you got a hole in your heart
And it goes on and on and on
’Til it’s gone

C’mon baby you ain’t got it so bad
You’re the best hairy chicken I ever had
Quit scanning my life like a newsletter
It’s not getting any better(No!)

Trying to get it right ain’t getting it right
Don’t wanna fight, just stare into the light
I wanna know where you get off
So I know when to turn my head and cough
And it goes on and on and on
’Til it’s gone

All the Leaves

I’m not made out of glue
So why am I stuck to your shoe?
All the things we make up
Are made up just to break up
Like all the leaves on the trees

We’re growing all the time
But I’m dying on this vine
All the things we make up
Are made up just to break up
Like all the leaves on the trees

I don’t care if it brings you down
I really want you to hit the ground...
Runnin’ baby!
I’ve grown cold to the sound
Of our bodies hanging around...
Around...

I love shaking it in the sun
But when it’s no fun I’m done
All the things we make up
Are made up just to break up
Like all the leaves on the trees

Like all the leaves on the trees
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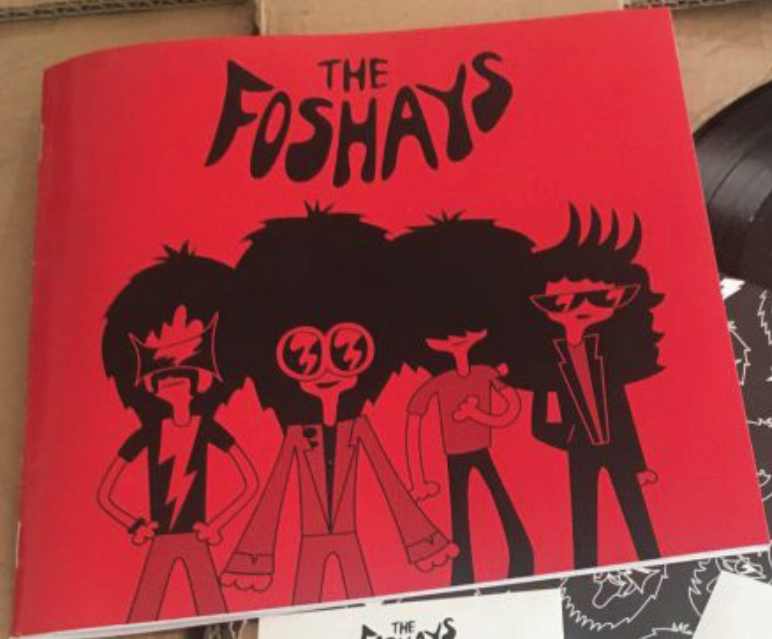
33 rpm

**Get Me to Normal
Wuts Wrong With You
'Til it's Gone
All the Leaves**

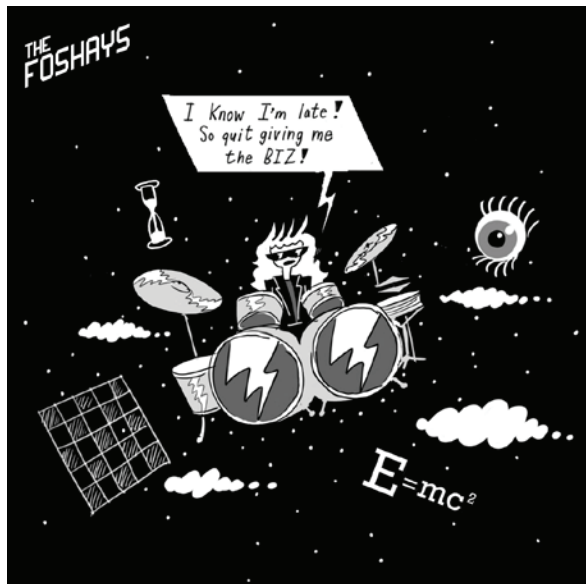


The Foshays First EP FO-001
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The Foshays bi-monthly strip posted at thefoshays.com



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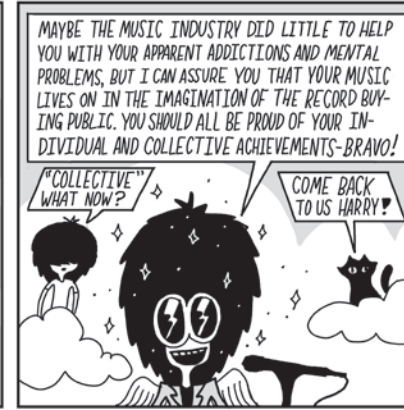
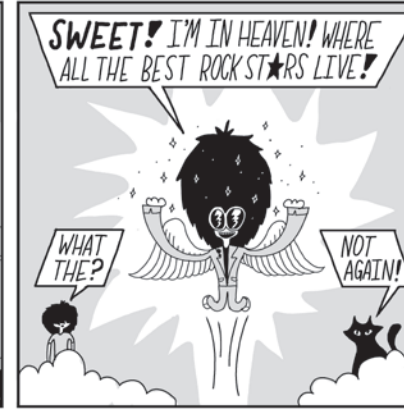
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Website: thefoshays.com

Hear the music on Bandcamp

<https://thefoshays.bandcamp.com/album/the-foshays-first-ep>

If you would like a press copy of

The Foshays First 4 Song EP (with comic book)

contact **BiL Sherman** at **thefoshays@gmail.com**

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